

P5 Aesthetics Curriculum Briefing 2026

Presented by : Ms Serene Chan (HOD/Aesthetics)



Agenda

Mission

Approach

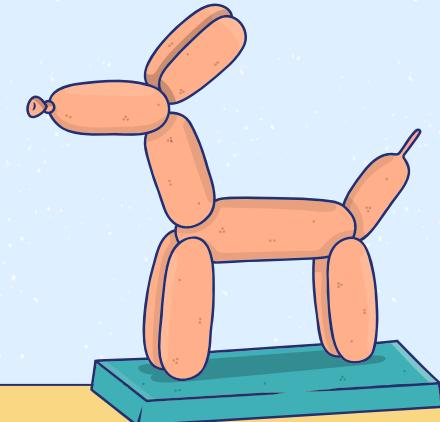
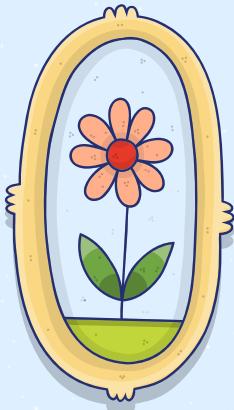
Signature Programmes

Learning Outcomes

Parents as Partners in Education

Mission

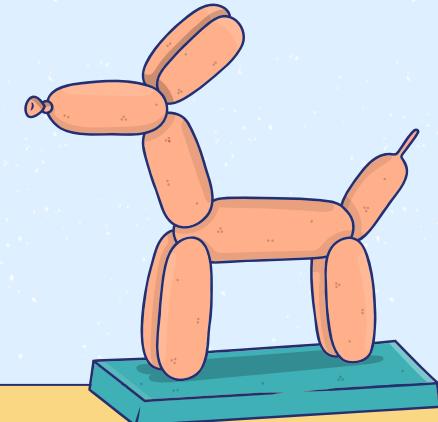
To nurture confidence and
creativity in our pupils
through a holistic learning
experience in the arts





Guiding Philosophy

To inculcate a love for the arts
from young through
exposure and experience of
different art forms



How the arts can benefit your mental health

Research suggests that colouring books, music and poetry can boost your mood



The notion that art can improve mental well-being is something many people can lose sight of, especially if they have become disconnected from the dancing, creative writing, drawing and singing they used to enjoy as children.

ILLUSTRATION: NYTIMES

Don't play down the importance of the Aesthetics

The Straits Times
June 7 2023

What research says...

Other studies have found that singing reduces levels of cortisol, your body's main stress hormone.

Music can be effective at reducing stress because things like rhythm, repetitive lyrics and chords engage multiple regions of the brain.

3
ENJOY MORE MUSIC

4
WRITE A

Listening to music, playing an instrument or singing can all be beneficial, research shows. A 2022 study, for example, surveyed more than 650 people in four age groups and asked them to rank the artistic activities that helped them feel better during the 2020 pandemic lockdowns.

The youngest participants, aged 18 to 24, overwhelmingly rated musical activities as most effective.

Across all age groups, singing was ranked among the top activities.

Other studies have found that singing reduces levels of cortisol, a hormone that the body releases when it is under stress. As an example, mothers who had recently given birth and regularly sang to their babies had less anxiety.

Prof Magsamen noted that music can be effective at reducing stress because things like rhythm, repetitive lyrics and chords engage multiple regions of the brain.

"I sing in the shower," she said. "I sing at the top of my lungs to the radio."

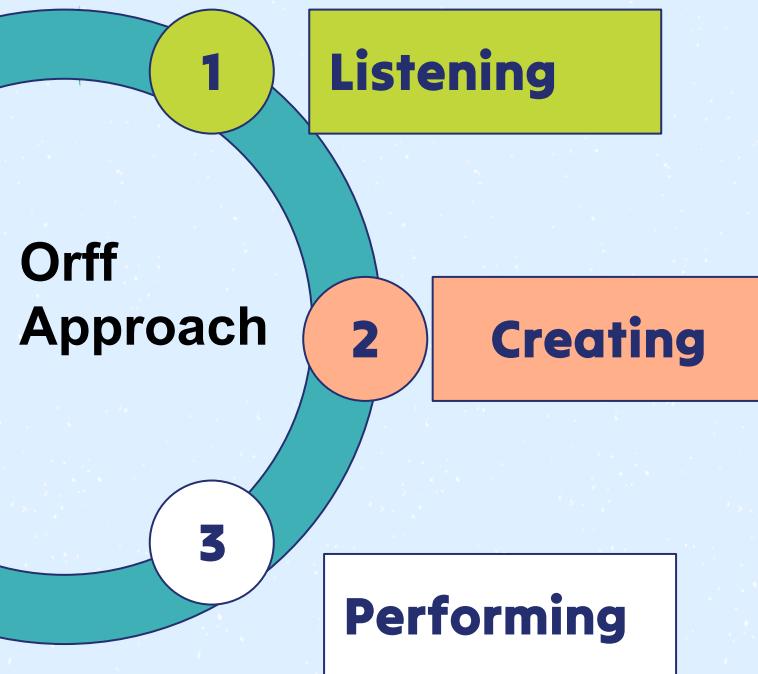
"I saw an improvement in my mood," said Dr Clark, who now sees patients in Greer, South Carolina. "It gave me another outlet."
The notion that art can improve mental well-being is something many people intuitively understand, but can lose sight of – especially if they have become disconnected from the dancing, creative writing, drawing and singing they used to enjoy as children.
But there is a "really robust body of evidence" that suggests that creating art, as well as activities such as attending a concert or visiting a museum, can benefit mental health, said research director Sonke of the University of Florida Center for Arts in Medicine.
Here are a few simple ways to improve your mood with the arts.

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Music curriculum and Pedagogy



Main Pedagogy and concepts



Aural skills: Active listening in music

Creating music in individual and group settings, both in notation and graphic forms

Performing in individual and group settings, either vocally or/and with a variety of instruments

Signature Events

Biennial (26/5/2026)
Ticketed performance
for SYF performing
groups- Dance, Choir,
Strings and Band

Fantasia@UCC



Talentime

Term 1 (week 8)

During Assembly slots
(look out for PG call
outs)

RGPS Got Talent



Instrumental Recital and Drama performance

(Term 3) July
Look out for PG call outs

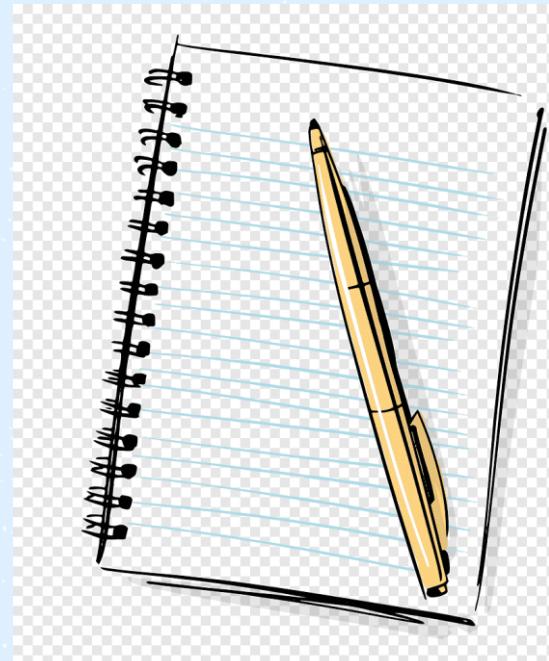
P5 Music Modules for 2026

Term	Module	Skills explored
Sem 1 & 2	Songwriting	<ul style="list-style-type: none">• Lyrics writing• Melody composition• Song structure• Garage Band

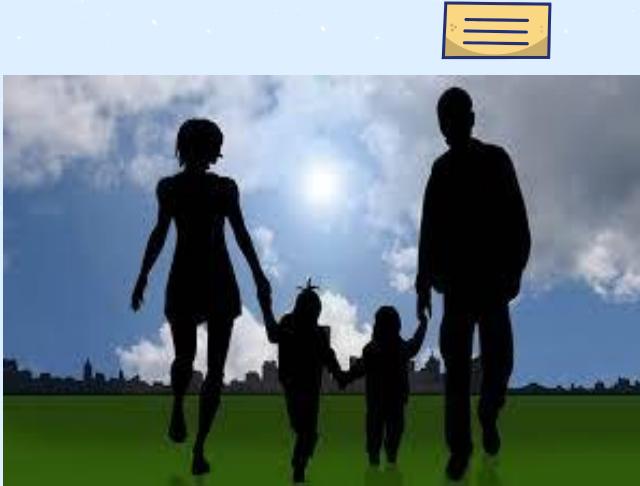


Things to note

- Use of hand sanitizer (before and after use of instruments)
- Sight and sign on assessment rubrics after every module
- Keep all music worksheets and rubrics in a music file (to be used for the whole 6 years of music education)



How can you
support your
child?



Sing/make music together

Affirm and encourage

Be supportive



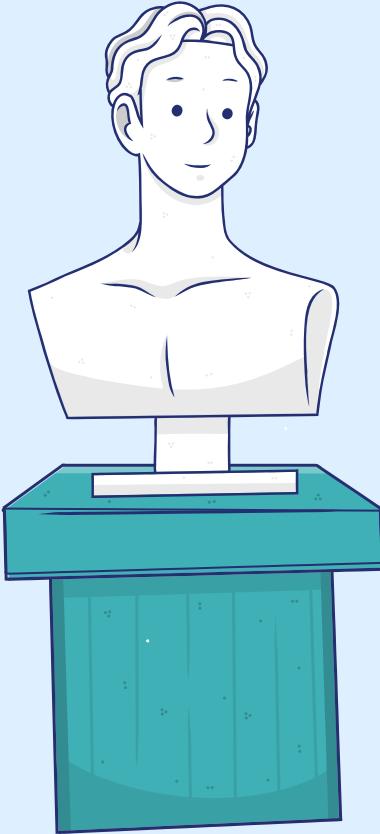
Art Curriculum and Pedagogy



Aims of Art Education

To enable every student to **enjoy art, communicate visually, and make meaning through connecting with society and culture.**



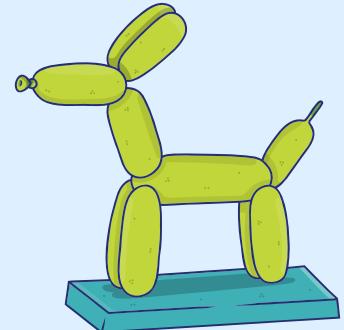


3 Big Ideas of Art

- Art helps us to see in new ways
- Art tells stories about our world
 - Art influences how we live

Learning outcomes (Inquiry-based Learning)

See	Observe – Inquire
Express	Create – Innovate
Appreciate	Connect - Respond





PEDAGOGY in Art Making & Art Discussion

Inquiry Based Approach

Present opportunities for students to be engaged in different levels of inquiry

Curiosity, exploration and experimentation are valued

Students' voices are encouraged – own the creative process to bring their ideas to reality

Develop motivation & a sense of identity & self-efficacy

P5 Art Modules for 2026

Term	Theme/Module	Skills explored
1	<p>Module 1: Ceramics</p> <p>My Feelings and Relationships</p>	Element of Art: Texture and Form
2	<p>Module 2: Digital Flipbook</p> <p>Singapore in the Future</p>	Element of Art: Space POD: Rhythm, Contrast and Variety
3 - 4	<p>Module 3: Poster Design</p> <p>Messages from the Streets</p>	Element of Art: Colour POD: Scale

Portfolio Presentation for Art Award

- Creating, sharing, and presenting an artist's portfolio fosters self-reflection, confidence, and critical thinking in our students.
- By selecting and discussing their best work, reflection and processes, students **celebrate personal growth, enhance communication skills, and build a supportive community.**
- This **process nurtures creativity, expression, and essential learning skills** foundational to their development.



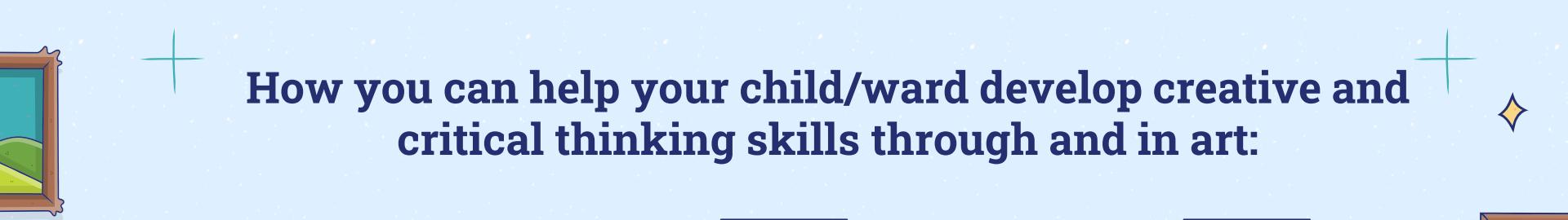
A photograph of various art supplies. In the foreground, a white plastic paint palette holds several paintbrushes of different sizes and colors (red, yellow, blue, green). Below the palette is a white plastic tray containing a set of watercolor paints in various colors (yellow, red, orange, blue, green, purple, black).

Art Materials

RGPS Art Sketchbook – You may continue to use your P4 Art Sketchbook if there are sufficient pages. Please purchase a new one from the bookshop if necessary.

Do not buy any other art materials yet.

If necessary, art teachers will inform respective class/level in advance.



How you can help your child/ward develop creative and critical thinking skills through and in art:

01

Be supportive

02

**Ask Open-Ended
Questions**

03

**Compare and
Contrast**

04

**Problem-Solving
Projects**

05

Art Journaling

06

Museum Visits



Thank you

